

| SAUCE BAR | | | | | | | | | | | | |
|-----------------------------|-------------------|----------|-------------------|---------------|-------------------|------------------|-------------|----------------|-----------|------------|-------------|------------------------------------|
| Item | Serving Size (oz) | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Fiber (g) | Sugars (g) | Protein (g) | Sauce Allergens |
| Bekter's Ginger® | 1 fl. oz. | 20 | 0 | 0 | 0 | 0 | 200 | 5 | 0 | 4 | 0 | Soy, Shellfish, Wheat† |
| Black Thai Peanut™ | 1 fl. oz. | 60 | 40 | 4.5 | 0 | 0 | 230 | 11 | 0 | 2 | 1 | Soy, Peanut, Tree nut, Dairy, Fish |
| Burn-Your-Village BBQ® | 1 fl. oz. | 35 | 0 | 0 | 0 | 0 | 620 | 8 | 0 | 6 | <1 | Soy, Wheat† |
| Feed the Hordes Hoisin™ | 1 fl. oz. | 30 | 0 | 0 | 0 | 0 | 260 | 7 | 0 | 5 | 0 | Soy, Wheat† |
| Five Village Fire Szechuan™ | 1 fl. oz. | 15 | 0 | 0 | 0 | 0 | 280 | 3 | 0 | 2 | 0 | Soy, Shellfish, Wheat† |
| Khan's Favorite™ | 1 fl. oz. | 20 | 0.5 | 0 | 0 | 0 | 340 | 3 | 0 | 2 | 0 | Soy, Shellfish, Wheat† |
| Khan's Revenge™ | 1 fl. oz. | 35 | 5 | 0.5 | 0 | 0 | 570 | 7 | 0 | 6 | <1 | Soy |
| Kung Pao Yow® | 1 fl. oz. | 40 | 5 | 0.5 | 0 | 0 | 510 | 7 | 0 | 6 | <1 | -- |
| MeSo Garlic™ | 1 fl. oz. | 20 | 0 | 0 | 0 | 0 | 430 | 4 | 0 | 2 | <1 | Wheat†, Soy, Shellfish |
| Mongol Mustard™ | 1 fl. oz. | 50 | 15 | 0 | 0 | 0 | 330 | 8 | 0 | 6 | 0 | Soy, Wheat† |
| Nomad's Green Curry | 1 fl. oz. | 40 | 25 | 3 | 2.5 | 0 | 240 | 3 | 0 | 1 | 1 | Dairy, Tree nut |
| Not-So-Sweet & Sour® | 1 fl. oz. | 40 | 0 | 0 | 0 | 0 | 280 | 10 | 0 | 9 | 0 | -- |
| Samurai Teriyaki™ | 1 fl. oz. | 35 | 0 | 0 | 0 | 0 | 610 | 7 | 0 | 6 | <1 | Soy, Wheat† |
| Garlic Broth | 1 fl. oz. | 0 | 0 | 0 | 0 | 0 | 0 | <1 | 0 | 0 | 0 | -- |
| Garlic Chili Sauce | 1 fl. oz. | 0 | 0 | 0 | 0 | 0 | 115 | 0 | 0 | 0 | 0 | -- |
| Garlic Oil | 1/2 fl. oz. | 110 | 110 | 12 | 1.5 | 0 | 0 | 0 | 0 | 0 | 0 | -- |
| Ginger Broth | 1 fl. oz. | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | -- |
| Hot Chili Oil | 1/2 fl. oz. | 120 | 110 | 12 | 2 | 0 | 0 | 1 | <1 | 0 | 0 | -- |
| Jalapeno Juice | 1 fl. oz. | 0 | 0 | 0 | 0 | 0 | 360 | 0 | 0 | 0 | 0 | -- |
| Lemon Juice | 1 fl. oz. | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | -- |
| Lime Juice* | 1 fl. oz. | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | -- |
| Sesame Oil | 1/2 fl. oz. | 120 | 110 | 13 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | -- |
| Sherry | 1 fl. oz. | 40 | 0 | 0 | 0 | 0 | 160 | 2 | 0 | 1 | 0 | -- |
| Soy Sauce | 1 fl. oz. | 10 | 0 | 0 | 0 | 0 | 920 | 0 | 0 | 0 | 2 | Wheat, Soy |
| Sweet Chili Sauce* | 1 fl. oz. | 15 | 0 | 0 | 0 | 0 | 95 | 4 | 0 | 3 | 0 | -- |

Sauces listed in **dark gray** are vegetarian-friendly.

ALL LISTED SAUCES ARE MSG FREE

†Wheat has been processed to be at or below 20ppm of gluten after fermentation.

*Availability may vary by location. For any menu item not listed, please inquire with the manager.

| DESSERTS | | | | | | | | | | | | |
|---|-------------------|----------|-------------------|---------------|-------------------|------------------|-------------|----------------|-----------|------------|-------------|--|
| Item | Serving Size (oz) | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Fiber (g) | Sugars (g) | Protein (g) | Allergens |
| Cheesecake w/chocolate topping | as served | 1040 | 510 | 58 | 32 | 290 | 780 | 120 | 4 | 96 | 16 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Cheesecake w/white chocolate topping | as served | 1040 | 510 | 57 | 32 | 290 | 840 | 121 | 2 | 93 | 14 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Cheesecake w/raspberry topping | as served | 1000 | 510 | 57 | 32 | 290 | 820 | 110 | 2 | 92 | 14 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Cheesecake w/caramel topping | as served | 1110 | 520 | 58 | 32 | 295 | 910 | 131 | 2 | 99 | 14 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Cheesecake rangoons w/raspberry topping | 5 ct. | 1170 | 580 | 64 | 24 | 170 | 1020 | 128 | 3 | 58 | 19 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Cheesecake rangoons w/chocolate topping | 5 ct. | 1190 | 580 | 64 | 24 | 170 | 1000 | 132 | 4 | 60 | 20 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Cheesecake rangoons w/white chocolate topping | 5 ct. | 1190 | 580 | 64 | 24 | 170 | 1030 | 133 | 3 | 58 | 19 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Cheesecake rangoons w/caramel topping | 5 ct. | 1230 | 580 | 64 | 24 | 175 | 1060 | 138 | 3 | 61 | 19 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Khan's Cake* | as served | 820 | 350 | 50 | 29 | 150 | 150 | 83 | 4 | 60 | 7 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| Molten Muffin* | as served | 780 | 420 | 47 | 28 | 275 | 125 | 83 | 4 | 64 | 11 | Wheat, Soy, Dairy, Egg, Peanut, Tree nut |
| S'mores | 8 ct. | 1050 | 360 | 40 | 20 | 20 | 610 | 172 | 6 | 100 | 14 | Wheat, Soy, Dairy |
| Turtle Cheesecake* | as served | 770 | 440 | 49 | 28 | 150 | 540 | 77 | 2 | 56 | 9 | Wheat, Dairy, Egg, Peanut, Tree nut |

| KID'S MEALS | | | | | | | | | | | | |
|------------------------------|-------------------|----------|-------------------|---------------|-------------------|------------------|-------------|----------------|-----------|------------|-------------|--------------|
| Item (single portion) | Serving Size (oz) | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Fiber (g) | Sugars (g) | Protein (g) | Allergens |
| Chicken Fingers/Fries | as served | 800 | 470 | 53 | 9 | 30 | 1940 | 58 | 4 | 14 | 23 | Wheat |
| Chicken Fingers/Fruit Cup | as served | 600 | 310 | 35 | 5 | 30 | 1750 | 54 | 2 | 30 | 20 | Wheat |
| Macaroni & Cheese*/Fries | as served | 570 | 240 | 27 | 6 | 15 | 740 | 66 | 5 | 8 | 14 | Wheat, Dairy |
| Macaroni & Cheese*/Fruit Cup | as served | 380 | 80 | 9 | 2.5 | 15 | 560 | 62 | 3 | 24 | 11 | Wheat, Dairy |
| Mozzarella Sticks*/Fries | 4 pc. | 620 | 260 | 29 | 10 | 45 | 2050 | 70 | 6 | 17 | 17 | Wheat, Dairy |
| Mozzarella Sticks*/Fruit Cup | 4 pc. | 430 | 100 | 11 | 6 | 45 | 1870 | 66 | 4 | 33 | 14 | Wheat, Dairy |

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years and 1,400 to 2,000 calories a day for children ages 9-13 years, but calorie needs vary.



HuHot strives to offer an environment where many guests with food allergies, sensitivities, or dietary preferences can be comfortable eating. If you have a food allergy, sensitivity, or dietary preference, consider taking the following precautions:

1. Notify your server of any food allergies, sensitivities, or preferences and review written information. If you are unsure or need additional information, please ask to speak with a manager.
2. Ask an employee for assistance with getting fresh products from the cooler if you are sensitive to cross contact.
3. On request, Grill Warriors will clean an area of the grill for you, and use spatulas dedicated exclusively to your meal to minimize the risk of cross contact with your product.

Keep in mind that, although we take precautions, due to the nature of our food line and cooking process, we cannot guarantee you will not come into contact with an allergen.

HuHot is committed to providing accurate nutritional and allergen information. This information is gathered from a combination of industry databases, manufacturer's information, and laboratory analysis and is based on HuHot standard ingredients and portions. Availability of HuHot standard ingredients may vary regionally or seasonally. The handcrafted nature of many items may also result in slight variations, as will the natural variability in ingredients.

Values stated for kids meals, soup, salad, appetizers, and desserts represent the product in its entirety. Any substitutions made to an item will affect the nutritional value. Values stated for Sauce Bar and Food Line items are based on the pre-cooked weight or volume of each item. For labeling, the FDA allows some very low calorie items to be rounded to zero calories. If using a larger portion than the standard serving, it may no longer round to zero calories. Please ask a manager if you need additional information or contact customer_service@huhot.com.

APPETIZERS

| Item (single portion) | Serving Size (oz) | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|---|-------------------|----------|-------------------|---------------|-------------------|------------------|-------------|----------------|-----------|------------|-------------|---|
| Coconut Shrimp* | 5 ct. | 1030 | 420 | 47 | 10 | 80 | 2440 | 111 | 5 | 41 | 34 | Wheat, Soy, Dairy, Shellfish, Egg, Tree nut |
| Egg Roll | 4 ct. | 790 | 390 | 43 | 9 | 20 | 1880 | 88 | 4 | 31 | 14 | Wheat, Soy, Fish, Egg |
| Egg Roll | 7 ct. | 1250 | 690 | 76 | 16 | 35 | 2560 | 120 | 7 | 34 | 24 | Wheat, Soy, Fish, Egg |
| Krab Rangoon | 4 ct. | 890 | 420 | 47 | 16 | 80 | 1810 | 99 | 2 | 30 | 14 | Wheat, Soy, Dairy, Shellfish, Fish, Egg |
| Krab Rangoon | 7 ct. | 1420 | 750 | 83 | 28 | 140 | 2440 | 139 | 3 | 32 | 24 | Wheat, Soy, Dairy, Shellfish, Fish, Egg |
| Fried Potsticker | 4 ct. | 560 | 180 | 20 | 3 | 15 | 1540 | 82 | 2 | 29 | 2 | Wheat, Soy |
| Fried Potsticker | 7 ct. | 840 | 320 | 36 | 6 | 30 | 1950 | 109 | 3 | 30 | 3 | Wheat, Soy |
| Shrimp Wontons* | 4 ct. | 880 | 420 | 46 | 16 | 95 | 1700 | 96 | 2 | 30 | 15 | Wheat, Dairy, Shellfish, Egg |
| Shrimp Wontons* | 7 ct. | 1740 | 750 | 83 | 28 | 165 | 2240 | 224 | 12 | 88 | 29 | Wheat, Dairy, Shellfish, Egg |
| Taste of the Bounty (Potstickers, Egg rolls, Krab Rangoons) | 3 ea. | 1570 | 820 | 91 | 24 | 95 | 3200 | 154 | 7 | 35 | 25 | Wheat, Soy, Dairy, Shellfish, Fish, Egg |
| Sweet 'n Sour dipping sauce | 1 fl oz. | 60 | 0 | 0 | 0 | 0 | 330 | 15 | 0 | 9 | 0 | -- |

SOUP, SALADS, RICE, WRAPS

| Item | Serving Size (oz) | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Fiber (g) | Sugars (g) | Protein (g) | Allergen |
|------------------------------------|-------------------|----------|-------------------|---------------|-------------------|------------------|-------------|----------------|-----------|------------|-------------|-----------------------------|
| Asian Salad | as served | 180 | 80 | 9 | 2 | <5 | 350 | 23 | 2 | 15 | 2 | Dairy, Soy, Wheat |
| Egg Drop Soup** | 8 fl. oz. | 60 | 20 | 2 | 0 | 65 | 900 | 7 | 0 | 3 | 2 | Egg |
| Garden Salad w/Ranch** (1 fl. oz.) | as served | 180 | 120 | 14 | 2 | 10 | 420 | 11 | 1 | 2 | 4 | Dairy, Soy, Wheat |
| HuHot & Sour Soup** | 8 fl. oz. | 60 | 10 | 1 | 0 | 15 | 1330 | 13 | 0 | 9 | <1 | Egg, Soy, Wheat |
| Teriyaki Chicken Salad | as served | 1180 | 530 | 59 | 13 | 120 | 4070 | 124 | 8 | 84 | 39 | Wheat, Dairy, Soy, Tree nut |
| White Rice | 1/4 cup | 60 | 0 | 0 | 0 | 0 | 0 | 14 | 0 | 0 | 1 | -- |
| Brown Rice* | 1/4 cup | 50 | 0 | 0 | 0 | 0 | 0 | 11 | 0 | 0 | 1 | -- |
| Tortilla Wrap* | 1 each | 90 | 20 | 2 | 1 | 0 | 220 | 15 | <1 | 0 | 3 | Wheat |

*Wheat has been processed to be at or below 20ppm of gluten after fermentation.

*Availability may vary by location. For any menu item not listed, please inquire with the manager.

**Ranch dressing, Egg drop and HuHot 'n Sour soups may contain MSG. Consult your local HuHot.

Due to the nature of the food line, some cross contact of allergens may occur.

2,000 calories a day is used for general nutrition advice for adults, but calorie needs vary.

FOOD LINE – vegetables & fruits

| Item | Serving Size | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Fiber (g) | Sugars (g) | Protein (g) |
|----------------------|--------------|----------|-------------------|---------------|-------------------|------------------|-------------|----------------|-----------|------------|-------------|
| Asparagus* | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 0 | <1 | <1 | 0 | 1 |
| Baby Corn | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 70 | 1 | <1 | 0 | <1 |
| Bamboo Shoots | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 10 | <1 | 0 | 0 | 1 |
| Bean Sprouts | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | <1 | <1 |
| Black Beans* | 1/4 cup | 60 | 0 | 0 | 0 | 0 | 150 | 10 | 5 | 0 | 3 |
| Broccoli | 1/4 cup | 0 | 0 | 0 | 0 | 0 | 0 | <1 | 0 | 0 | 0 |
| Brussels Sprouts* | 1/4 cup | 10 | 0 | 0 | 0 | 0 | 5 | 2 | <1 | 0 | <1 |
| Cabbage | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | <1 | 0 |
| Carrots | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 10 | 2 | 0 | <1 | 0 |
| Celery | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 30 | 1 | <1 | 0 | 0 |
| Cilantro | 1/4 cup | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Corn* | 1/4 cup | 30 | 0 | 0 | 0 | 0 | 5 | 7 | 1 | 2 | 1 |
| Cranberries* | 1/4 cup | 10 | 0 | 0 | 0 | 0 | 0 | 2 | <1 | <1 | 0 |
| Edamame* | 1/4 cup | 60 | 15 | 1.5 | 0 | 0 | 15 | 5 | 2 | 1 | 5 |
| Garbanzo Beans* | 1/4 cup | 50 | 5 | 1 | 0 | 0 | 140 | 9 | 2 | 1 | 3 |
| Green Beans* | 1/4 cup | 10 | 0 | 0 | 0 | 0 | 0 | 2 | <1 | 0 | 0 |
| Green Onions* | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 5 | 1 | <1 | <1 | 0 |
| Jalapeños | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 710 | 1 | <1 | 0 | 0 |
| Kale* | 1/4 cup | 10 | 0 | 0 | 0 | 0 | 5 | 2 | 0 | 0 | <1 |
| Mandarin Oranges* | 1/4 cup | 30 | 0 | 0 | 0 | 0 | 0 | 7 | 0 | 7 | 0 |
| Mangos* | 1/4 cup | 30 | 0 | 0 | 0 | 0 | 0 | 8 | 1 | 7 | 0 |
| Mushrooms | 1/4 cup | 0 | 0 | 0 | 0 | 0 | 0 | <1 | 0 | 0 | 1 |
| Onions | 1/4 cup | 10 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 1 | 0 |
| Peppers | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | <1 | 0 |
| Pineapple | 1/4 cup | 25 | 0 | 0 | 0 | 0 | 0 | 6 | 1 | 6 | 0 |
| Red Potatoes* | 1/4 cup | 25 | 0 | 0 | 0 | 0 | 15 | 6 | 0 | 0 | 0 |
| Roasted Corn Medley* | 1/4 cup | 50 | 10 | 1.5 | 0 | 0 | 50 | 8 | 1 | 3 | 1 |
| Snow Peas* | 1/4 cup | 10 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | <1 | <1 |
| Spinach* | 1/4 cup | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Tofu (SOY ALLERGEN) | 2 oz. | 70 | 30 | 3.5 | .5 | 0 | 0 | 2 | 1 | 0 | 7 |
| Tomatoes* | 1/4 cup | 10 | 0 | 0 | 0 | 0 | 0 | 2 | <1 | 1 | 0 |
| Water Chestnuts | 1/4 cup | 10 | 0 | 0 | 0 | 0 | 0 | 3 | 0 | <1 | 0 |
| Yellow Squash* | 1/4 cup | 5 | 0 | 0 | 0 | 0 | 0 | 1 | <1 | 1 | 0 |
| Zucchini | 1/4 cup | 0 | 0 | 0 | 0 | 0 | 0 | <1 | 0 | <1 | 0 |

FOOD LINE – proteins, noodles & toppings

| Item | Serving Size | Calories | Calories from fat | Total Fat (g) | Saturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carb (g) | Fiber (g) | Sugars (g) | Protein (g) | Allergens |
|--------------------|--------------|----------|-------------------|---------------|-------------------|------------------|-------------|----------------|-----------|------------|-------------|----------------------------------|
| Beef | 2 oz. | 100 | 50 | 6 | 2 | 35 | 35 | 0 | 0 | 0 | 11 | -- |
| Breaded Chicken | 2 oz. | 140 | 60 | 6 | 1 | 20 | 490 | 13 | 1 | 1 | 7 | Egg, Soy, Wheat |
| Calamari* | 2 oz. | 50 | 5 | 1 | 0 | 130 | 25 | 2 | 0 | 0 | 9 | Shellfish |
| Chicken | 2 oz. | 80 | 40 | 4.5 | 1.5 | 35 | 160 | 0 | 0 | 0 | 9 | -- |
| Cod | 2 oz. | 45 | 0 | 0 | 0 | 25 | 30 | 0 | 0 | 0 | 10 | Fish |
| Egg | 1 ea. | 60 | 45 | 4.2 | 1.5 | 165 | 60 | 0 | 0 | 0 | 6 | Egg |
| Hot Sausage | 2 oz. | 160 | 130 | 14 | 5 | 35 | 540 | 1 | 0 | 0 | 7 | -- |
| Krab* | 2 oz. | 50 | 0 | 0 | 0 | <5 | 440 | 8 | 0 | 2 | 4 | Wheat, Soy, Shellfish, Fish, Egg |
| Meatballs* | 2 oz. | 140 | 90 | 10 | 4 | 30 | 550 | 3 | <1 | 1 | 9 | Wheat, Soy, Dairy, Egg |
| Mild Sausage | 2 oz. | 180 | 140 | 16 | 6 | 35 | 540 | 3 | 0 | 1 | 6 | -- |
| Mussels | 2 oz. | 50 | 10 | 1.5 | 0 | 15 | 160 | 2 | 0 | 0 | 7 | Shellfish |
| Pollock* | 2 oz. | 50 | 5 | .5 | 0 | 40 | 50 | 0 | 0 | 0 | 11 | Fish |
| Pork | 2 oz. | 90 | 45 | 5 | 1.5 | 30 | 150 | 0 | 0 | 0 | 10 | -- |
| Salmon* | 2 oz. | 80 | 30 | 3.5 | 0.5 | 30 | 25 | 0 | 0 | 0 | 11 | Fish |
| Scallops* | 2 oz. | 40 | 0 | 0 | 0 | 15 | 220 | 2 | 0 | 0 | 7 | Shellfish |
| Seafood Medley* | 2 oz. | 35 | 5 | 1 | 0 | 165 | 55 | 2 | 0 | 0 | 7 | Shellfish |
| Shrimp* | 2 oz. | 35 | 0 | 0 | 0 | 45 | 125 | 0 | 0 | 0 | 8 | Shellfish |
| Tilapia* | 2 oz. | 50 | 10 | 1 | 0 | 30 | 30 | 0 | 0 | 0 | 11 | Fish |
| Chinese Noodles | 1/4 cup | 60 | 20 | 2 | 0 | 0 | 70 | 8 | 0 | 0 | 1 | Wheat, Egg |
| Pad Thai Noodles | 1/4 cup | 60 | 0 | 0 | 0 | 0 | 10 | 15 | 1 | 0 | 1 | -- |
| Yakisoba Noodles | 1/4 cup | 50 | 0 | 0 | 0 | 0 | 70 | 11 | 0 | 0 | 2 | Wheat |
| Chopped Peanuts | 1 tbsp | 45 | 35 | 4 | 0.5 | 0 | 0 | 1 | <1 | 0 | 2 | Peanut |
| Chow Mein Noodles | 1/4 Cup | 60 | 15 | 2 | 0 | 0 | 110 | 9 | 0 | 0 | 2 | Wheat, Egg |
| Coconut | 1 tbsp | 30 | 20 | 2 | 2 | 0 | 15 | 3 | 0 | 2 | 0 | Tree nut |
| Garlic Chili Sauce | 1 tbsp | 0 | 0 | 0 | 0 | 0 | 115 | 0 | 0 | 0 | 0 | -- |
| Crushed Red Pepper | 1 tbsp | 15 | 10 | 1 | 0 | 0 | 0 | 3 | 1 | <1 | <1 | -- |
| Sesame Seeds | 1 tbsp | 50 | 40 | 4.5 | 0 | 0 | 20 | 1 | <1 | 0 | 2 | -- |
| Sunflower Seeds | 1 tbsp | 60 | 50 | 6 | 0.5 | 0 | 60 | 2 | 1 | 0 | 2 | -- |
| Wasabi | 1 tbsp | 11 | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 0 | -- |

